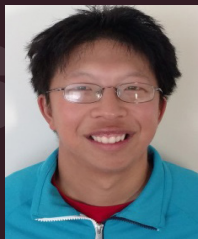


SHARING

Paul, FCSN TDS Client

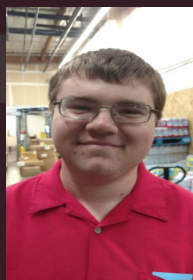


I love coming to FCSN because the people make me feel welcomed. I have been training at FCSN Snack Bar for planning, purchasing, taking inventory, customer service and cashier work. I am awesome at greeting customers and handling

money. What I like the most is that I am always learning new things at FCSN. I also attend FCSN Job Club and meet fellow job seekers. We get to talk about dealing with stressful situations and the challenges we have in finding jobs. FCSN trainers are fun to be with and very reliable. I am so happy to be with FCSN!

Kyler, FCSN TDS Client

I went to FCSN after losing my job due to not having job coaching support. I was very sad and didn't think I would find jobs ever. I met with my trainer to identify my skills and career goals. Then I joined FCSN Job Club to sharpen my job skills



and participate in volunteer work that helped me gain experience for my resume. Being involved in FCSN Retail Training helped me develop my skills and grow confidence in my ability to get and retain a job. My TDS Trainer assisted me in filling out grocery job applications and practicing for interviews. With her help, I got an interview right away and best of all, I was hired! I was nervous to start my new job on the first day, but my trainer was there to make sure I understood what I needed to do. I want to thank FCSN for supporting me in finding and retaining my job.



FRIENDS OF
CHILDREN
WITH SPECIAL NEEDS

TAILORED DAY SERVICES

FCSN's **MISSION** is to help children and adults with special needs and their families to find love, hope, respect and support through integrated community involvement.

FCSN's **VISION** is to build brighter futures for individuals with special needs through support, training, innovative / therapeutic programs and advocacy.

FCSN's **PHILOSOPHY** is that we value clients' choices, promote independence and community integration, strengthen work readiness and emphasize family involvement.

CONTACT

Claire Go
Program Manager
(510) 739-6900 ext. 3306
claire@fcsn1996.org

EAST BAY
EMPLOYMENT SERVICES

2300 Peralta Blvd.,
Fremont, CA 94536

SOUTH BAY
EMPLOYMENT SERVICES

1029 S. Bascom Ave.,
San Jose, CA 95128

For more information about FCSN TDS please visit:
www.fcsn1996.org



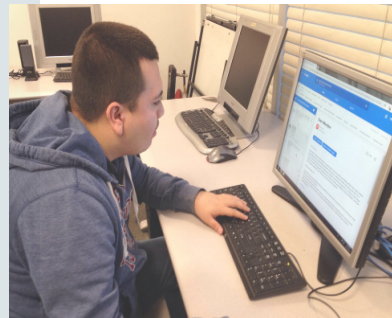
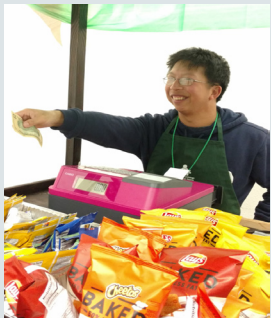
FCSN, founded in 1996, is a 501(c)(3) nonprofit organization

TAILORED DAY SERVICES

FCSN Tailored Day Service (TDS) provides 1:1 training and support to adults with developmental disabilities. It is an alternative to traditional day program services and for those who seek a more flexible schedule with fewer program hours. FCSN TDS conducts Person-Centered Planning to help set your goals. You can be more independent and self-reliant in personal growth, gainful employment and volunteer work, and community integration.

SCHEDULE

- Flexible
- 4-6 hours per week, depending on need and approval of Regional Center
- Maximum of 26 hours/month



FOUR AREAS OF SUPPORT



PERSONAL GROWTH

FCSN TDS empowers you to explore your interests, increase creativity, develop self-confidence, and discover your potential through life-enrichment activities. You can work on social skills, sharpen communication skills, learn effective conflict resolution, build interpersonal relationships, practice social media safety, and increase independence.



EMPLOYMENT & VOLUNTEER WORK

If you have a goal for employment or volunteer work, FCSN TDS will assist you in learning specific job skills, identifying barriers, seeking work accommodation, and providing advocacy, intervention and support to resolve your work barriers. You can participate in FCSN Job Club and volunteer work in the community to develop job skills and build confidence in areas that you are interested in.



COMMUNITY INTEGRATION

FCSN TDS motivates you to aspire to your full potential and truly assimilate within your community. Through TDS support and training, you can explore local resources / cultural events, navigate public transit resources, budget outing expenses, and plan for community integration. You will work on community responsibilities, community safety, and emergency handling skills.



CONTINUOUS EDUCATION

FCSN TDS assists you to discover your passions, strengths and interests in continuous education. You can navigate public/private resources and community colleges for various classes of your preferences. FCSN will assist you with registration or enrollment for the classes or lessons you desire to take.

FOR WHOM

- 18+ years old (after exiting school)
- A Regional Center client
- Not attending a Regional Center funded adult day program
- Looking for a flexible schedule with fewer day program hours
- Desire to receive TDS in south Alameda County or Santa Clara County
- Have a goal for personal growth, employment and community integration
- Able to use public or paratransit system with assistance
- Able to meet own health and safety needs
- Without aggressive behaviors towards self or others