Winter FCSN Newsletter 2015



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Newsletter sections

History of

Christmas

Christmas is a Christian holiday honoring the birth of Jesus C Christmas has evolved over two millennia, into a worldwide religious se celebration, incorporating many pre-Christian pagan traditions into festivities along the way. It became a federal holiday in the late 19 and 20th century. In general Christmas is about family and friends. The decorations and caroling we know today had its beginnings after the death of Jesus. The color red symbolizes the blood of Jesus, color green symbolizes eternal life and gold is the first color to be associated with Christmas. As Christianity spread through Europe, churches were being built, and the traditional Christmas carols we know today were first started out as communal folk songs sung during celebrations. It was only two centuries later that caroling became popular in churches, schools and American households. What are the traditional Christmas carols? "Not Modern" In my opinion I think that our modern Christmas has sprouted during World War Two. In conclusion, American popular culture has had a large impact on the holiday. Popular culture, films, television, literature, the fine arts and the performing arts have deeply influence the customs of the holiday. Also, the Christmas shopping season is the busiest time of year for retailers and businesses, making the tradition of gift giving and Santa Claus popular with children for over two centuries.

"To Dream the

impossible Dream."



Happy Friends!



-Raymond Hu Page 1



wish everyone a Happy and Merry Christmas

-Gideon Chan

The 3 Amigos



I like living here because I have three Staff. Antonio, Bella and Maurice know how to take care of me. I have two roommates Mike and Gideon. My two roommates are Mike and David, our favorite movie is Top Gun because when we watch it we know very well all the lyrics and sometimes we sing the song Danger Zone– "You've Lost that loving Feeling!" -David Li



A day in the life of me

learn a lot in SLS, because I

know how to do laundry and keep the Apartment clean. I even love to cook meals with my staff. I learn to clean the apartment, my room, and bathroom. Support living teaches me to be social meeting new friends and have fun. Now I enjoy going to movies, concert and more. I want to learn more new things, like reading more difficult books for fun, or



dancing to music and singing songs too. I even love coloring, arts and crafts.

-Cindy Chua



Call me Pablo



 $T_{acos, boy do I}$ love tacos. If you so happen to miss out on the Mexican party night at FCSN I do not envy you. But if you so happen to be around the corner next year, I invite you to join. Homemade tacos. Guacamole, Pico de Gallo, Salsa, Tortilla, Carne Asada. Carnitas. flan etc. We also had a piñata and dance party afterwards. Great Mexican Fiesta!

-Matthew Jousselin



Art By -Gideon Chan

A Jocelyn tale

moved into FCSN SLS since Sep

2006. I have 2 roommates and have a lot of friends in the weekend. I ago to the grocery shopping, birthday parties, square dancing, social skills and art class. During the weekend I go to the Costco, Chinese restaurant, and sometimes I watch movies with my roommates and my staff Lily. We also do some trips like the Nutcracker ballet in Oakland. I like all my friends and staff. I enjoy living in here very much.





Where would I be without you?

like FCSN because I live on my own. I have

good roommates, David and Gideon, they are the best guys I have lived with. I think that moving to E1 was a good idea. I like it here, I am happy. I got gifts for the boys at the mall for the holidays, same place where we will go see star wars and where we sometimes like to have dinner, in the restaurant called BJ's. My roommates and I have fun, we wake up and go to school, I go on the Bart in the summer to work at the A's stadium. And in the winter I go to school, I love my job with the A's I am getting paid for my own work. I make my own choices and do my own chores like laundry over all I enjoy and am happy with my roommates and staff.



Winter 2015 • Friend of Children with Special Needs: FCSN (510) 739-6900

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Trip of a life time Japan.

L his trip is my first time going to Japan and

Taiwan. Compassing to America, there are lots of good food to try such as hot pot meals, sushi, ramen, udon noodles, and more food in the night market. The most impressive memory of Tokyo, Japan, is the two Disney parks, Tokyo Disneyland and Tokyo Disneyland resort. During this trip my companion Jenny and I had to take the subway to go everywhere, like Osaka's and Tokyo University. We prepared for this trip by checking the weather and planning activities together, we knew to Taiwan weather was much warmer in than American. In Taipei there are several motorcycles roaming everywhere. Also we went to sum Moon Lake and the native cultural village. I was also able to visit one of the tallest places in the world, the Taiwan 101 building. We also had the chance to dine at the Lin hotel, where we had some luxurious food, such as; lobster soup, giant shrimp, red wine and more. I had an overall fund and amazing journey from American to Japan and Taiwan I wish to travel to other places in the future for more adventures.

-Laurie Chu

Mission Statement

FCSN's mission is to help individuals with special needs and their families to find love, hope, respect, and support through integrated community involvement.

Core values

- 1. Dare to dream.
- 2. Be humble, respect others, and embrace diversity.
- 3. Pursuit of excellence through innovation.
- 4. Build open & honest relationships.
- 5. Build a positive team and family spirit.
- 6. Create a caring and fun environment.

